

## Exercise 7

## Risk Assessment



Dr Diarmuid Ó Briain  
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**Dr Diarmuid Ó Briain**



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# Exercise Scenario

## 1 Objective

The objective of this exercise is for students to understand the nature of risk, identification, mitigation, control and to monitor risks through a risk register.

## 2 Materials

- Whiteboard or projector
- Markers or pens
- Paper

## 3 Instructions

1. Divide the students into groups of 4.
2. Give each group a scenario that describes a potential risk to an OT system. For example, the scenario could involve a cyber attack, a natural disaster, or human error.
3. Ask each group to identify the potential impacts of the risk and log in a Risk Register.
4. Ask each group to brainstorm controls that could be implemented to reduce the likelihood or impact of the risk.

## 4 Group #1 - Cyber attack #1

Assign one example to a group.

- A hacker gains access to the OT system and injects malicious code that causes the system to malfunction. This could lead to a shutdown of critical infrastructure, such as a power plant or water treatment facility.
- A ransomware attack encrypts the data on the OT system, making it inaccessible. The attacker demands a ransom payment in exchange for decrypting the data. If the ransom is not paid, the data may be lost permanently.

## 5 Group #2 - Cyber attack #2

Assign one example to a group.

- A hacker gains access to the OT system and uses it to launch a distributed denial-of-service (DDoS) attack against a competitor. The DDoS attack disrupts the competitor's operations and causes financial losses.
- A Denial-of-Service (DoS) attack floods the OT system with traffic, making it unavailable to legitimate users. This could disrupt operations and cause financial losses.

## 6 Group #3 - Natural disaster

Assign one example to a group.

- A flood or hurricane can damage or destroy OT equipment, causing a loss of control over critical infrastructure.
- A power outage can disrupt the operation of OT systems, leading to safety hazards and economic losses.
- A cyber incident can be triggered by a natural disaster, such as a solar flare or a power outage. This could lead to widespread disruption of critical infrastructure.

## 7 Group #4 – Human Error

Assign one example to a group.

- A human operator makes a mistake, such as entering the wrong data or forgetting to perform a critical step. This could lead to a malfunction of the OT system, with potentially serious consequences.
- A maintenance worker accidentally damages OT equipment. This could also lead to a malfunction of the system.
- A disgruntled employee sabotages the OT system. This could cause widespread damage or even loss of life.

## 8 Apply the ISO/IEC 31000 Process to OT Security

### 1. Risk Identification

- **What is at risk?** Identify and define the critical assets within an OT environment.
- **What are the threats?** Determine potential threats and vulnerabilities that could impact these assets.

### 2. Risk Analysis & Evaluation

- **How do the risks expose the OT?** Analyse the identified risks to understand their potential impact and likelihood. Evaluate these risks to prioritise which ones require the most attention.

### 3. Risk Treatment:

- **How can the Risk be Managed?** Select and implement appropriate controls to mitigate or modify the risks. Examples include **access controls**, **network segmentation**, **data encryption**, and using security tools like **Intrusion Detection Systems (IDS)**, **Intrusion Prevention Systems (IPS)**, and a **Security Information and Event Management (SIEM)** system.

### 4. Monitor and Review:

- **Is the plan still effective?** Continuously monitor the effectiveness of the implemented risk treatments and the overall risk management process. Review the plan regularly to adapt to new threats and changes in the environment.

## 9 Applying the NIST SP 800-37r2 RMF to OT Security

### 1. CATEGORISE

- **What is at risk?** Determine the mission and business criticality of your OT system. Categorise it (low, moderate, or high impact) based on the potential harm to confidentiality, integrity, and availability.

### 2. SELECT

- **How can we manage the risk?** Based on the system's categorisation, select the appropriate security and privacy controls from the NIST control catalogue (SP 800-53) to address identified threats and vulnerabilities. This aligns with your list of controls, such as **access controls, segmentation, data encryption, IDS/IPS, and SIEM**.

### 3. IMPLEMENT

- **Apply the controls.** Put the selected controls into practice within the OT environment. This is the practical deployment phase of your risk mitigation strategy.

### 4. ASSESS

- **How do the risks expose the OT?** Conduct a security assessment to determine if the implemented controls are working as intended and effectively mitigating risks. This step validates whether the chosen security measures provide the necessary level of protection.

### 5. AUTHORISE

- **Formally accept the risk.** Based on the assessment results, a senior organizational official makes a risk-based decision to authorize the system to operate. This is the official sign-off that the system's residual risk is acceptable.

### 6. MONITOR

- **Is the RMP still effective?** Continuously monitor the security controls and the OT environment for changes, new threats, and vulnerabilities. This ongoing review ensures the risk posture remains effective over time and adapts to new threats.



## 10 Summary

In each of the cyber attack scenarios, the hacker could gain access to the OT system through a variety of ways, such as exploiting a vulnerability in the system's software or hardware, or by phishing an employee. Once the hacker has access to the system, they could inject malicious code, steal data, or disrupt operations.

In the natural disaster scenarios, the damage to OT equipment could be caused by flooding, wind, fire, or other natural hazards. The disruption to operations could be caused by the loss of power, communication lines, or other critical infrastructure.

In the human error scenarios, the mistake could be made by an operator, a maintenance worker, or even a manager. The mistake could be simple, such as entering the wrong data, or it could be more serious, such as forgetting to perform a critical step.

It is important to note that these risks are not mutually exclusive. In fact, they often overlap. For example, a cyber attack could be triggered by a natural disaster, and human error could contribute to a cyber attack or a natural disaster.

By understanding the potential risks to OT systems, organisations can take steps to mitigate those risks and protect their critical infrastructure.

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